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## TRADITIONAL SERVICES

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Families have the choice to use their child's individual budget to access Medicaid services through two different pathways, the Traditional model and Family-Directed Services model. Families who want to access services through the Traditional model will continue to receive services from Medicaid developmental disability providers who are paid for providing defined Medicaid benefits.

### State Plan - HCBS Services

All children with developmental disabilities will qualify for the following services:

**Respite** - provides supervision to a child on an intermittent or short-term basis because of the need for relief of the primary unpaid caregiver. Respite may be used on a regular basis to provide relief to the caregiver and is available during family emergency or crisis.

**Habilitative Supports** - provides assistance to children with disabilities by facilitating independence and integration into the community. This service provides children with an opportunity to explore their interests and improve their skills through community participation and integration. The service provides opportunities for children to practice the skills they have learned in other therapeutic and natural environments.

**Family Education** - assistance to families to help them better meet the needs of their child. Family Education offers education to the parent or legal guardian that is specific to the individual needs of the family. Education topics can include: orientation to developmental disabilities, generalized strategies for behavior modification and intervention techniques.

### Waiver Services

Children who meet 'Institutional Level of Care' will qualify for the following services:

**Habilitative Intervention** - services are provided to improve a child's functional skills and minimize problem behaviors. Intervention services are outcome-based, therapeutic services delivered by a professional. Intervention is based upon well-known and widely regarded principals of evidence based treatment.

**Family Training** - 'one-on-one' instruction to families on intervention techniques. Family training is provided to the parent or guardian when the child is present.

**Interdisciplinary Training** - instruction and training from service professionals to other direct service providers. Interdisciplinary training focuses on maximizing the coordination of all the services the child receives and allows professionals to train each other on how to better meet the needs of the child.

**Therapeutic Consultation** - consultation provided to a child's Habilitative Interventionist and family. This services is utilized when it is determined that a more advanced level of training and assistance is required based on a child's complex needs.

**Crisis Intervention** - services provide direct consultation and clinical evaluation of children who are currently experiencing or may be expected to experience a psychological, behavioral or emotional crisis. Services include training and staff development related to the needs of the child. The service may also provide emergency back-up for the child in crisis.

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## FAMILY- DIRECTED SERVICES

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Families have the choice to use their child's individual budget to access Medicaid services through two different pathways, the "Traditional" model and "Family-Directed Services" model.

When it comes to choosing services, everyone has different needs and preferences. Additionally, every community offers a different amount and variety of services. The Family-Directed Services pathway is designed for families who want a more hands-on and flexible approach in determining the types of services and supports their children need.

The flexibility in this model allows parents to choose, design and direct services outside of the Traditional menu of services. The Family-Directed Services pathway allows for more creative ways to access services than the Traditional pathway while still maintaining accountability required by federal authorities.

### Family-Directed Services May Be Right For Your Family If:

- You would like to gain more control over the resources that are available for your child and have more freedom to create and access untraditional services and supports.
- You want to manage your child's budget that is based on his or her assessed needs.
- You want to recruit, hire and train and (and dismiss, if necessary) your own service providers.
- You want to set wages for your service providers based on your child's budget and market rate.
- You want to maintain detailed records, monitor services and spending, set schedules, submit timesheets and hire/dismiss your providers.
- You are willing to follow program guidelines and accept the responsibilities that come with managing your child's program.

### How It Works

1. A child is determined eligible for services and is assigned a budget based on their strengths and assessed needs.
2. Families have the choice between two pathways to services, the Traditional model and Family-Directed Services model. These two models offer different levels of control and responsibility over your child's services and supports.
3. If the family chooses Family-Directed Services, they will hire a Support Broker to assist them in developing and managing services. The Support Broker helps create the Support and Spending Plan, budget the money, and monitor services.
4. The plan is authorized by the Department of Health and Welfare. A Fiscal Employer Agent takes care of the financial considerations including paying for authorized services and goods, withholding applicable taxes and providing monthly expenditure reports.
5. Together you, your Support Broker and the Department will work together to assure that your child's health and safety needs are met.

*Choosing Family-Directed Services allows you more control over your child's services if you wish to take more responsibility for coordination and management.*